



## Marrakesh, Kingdom of Morocco

22 – 30 July 2022

### PARTNERS AND PARTICIPANTS INFOPACK

#### DEAR PARTNERS AND FRIENDS,

We are happy to inform you that the Erasmus+ KA1 mobility of young people '**A Journey Towards Self-Discovery!**' was approved by the Spanish National Agency and supported by the Erasmus+: Youth in Action grant.

This Youth Exchange will take place in **Marrakesh, Morocco from 22<sup>nd</sup> to 30<sup>th</sup> July 2022**. Marrakesh is set in a beautiful environment with impressive number of masterpieces of architecture and art.

Now you are reading the **Info-Pack** that will provide you with the basic information you will need during your stay in the Morocco.



## DESCRIPTION OF THE YOUTH EXCHANGE

Across Europe today, fifteen-to twenty-five-year-olds are the first to grow up surrounded by everything they could ever need and in an age where communication is simple having the Internet at their fingertips. And while yes, these youth have everything from food, warmth and entertainment it is in the hustle and bustle of everyday life that these youth are struggling. What we see is that informational overload, and high standards set by society which leave very little scope for youth to effectively define who they are.

At simply the click of a finger opportunities are abundant and within reach of even poorest youth. So how is it that these youth are overwhelmed and have a very low resilience threshold often unable to cope with the smallest of stresses in life? Because these high standards often push them into having low self-esteem and low self-confidence. Yet to the outsider looking in, these youth are consistently putting less work into productivity, professionalism, and academics yet are rating themselves as smarter, more academically skilled, and more motivated than their peers which further portrays these youth as narcissistic and helpless.

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Youth are not prepared when they enter the rat race for jobs, success, and social status and fail to stop and find time for much-needed reflection. They may think they are ready to get out in the real world however, this is far from the truth. And while young people may indeed be privileged, they are also among the most vulnerable groups. They are susceptible to not following their passions and interests, often end up chasing somebody else's dreams rather than their own.

Not surprisingly then more and more youth face serious identity crisis & personal burnout before adult life even starts. They are often afraid to step out of their comfort zone and stop themselves from taking decisive action to achieve success. Such negative aspects of personality development (or rather its lack thereof) come at a huge emotional and mental expense of falling into depression, being prone to bullying and abuse of others, diminishing one self-esteem and self-worth, experiencing identity crisis & losing the will to do anything.

### **Main aim:**

The aim of the project is to promote self-development and how using this as a tool will enable participants to discover their best selves and to create a future for themselves filled with clarity, confidence, and happiness. We want to help them apply sustainable changes at the personal and professional levels. To accomplish this, the following objectives have been set:

### **Objectives:**

#### **Our goals will be achieved through the following objectives:**

- ★ -Build participants Leadership skills particularly in working with others on a one-to-one and group basis, and provide them a range of tools in their armory to deal with a wide range of situations including being positive change agents
- ★ Drive effective communication through ensuring participants listen and pay attention to each other to ensure strong learning at the intercultural level
- ★ Establish an environment of learning where participants are driven to share knowledge and experience ultimately allowing them to be the best they can be.
- ★ To develop effective communication and group dynamics through intercultural learning
- ★ To promote Erasmus+ Program and encourage the development of future partnerships as a means of further supporting personal and professional development of youth work practitioners and young people.

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## PARTNERS, PARTICIPANTS AND TRAVEL COSTS REIMBURSEMENT

This Youth Exchange will host **35** young people **aged 18+** (preferably up to 30 years) from **06** European and Non-European countries.

### List of countries, partners and travel costs limits:

Country	Organisation	Number of participants	Travel cost limit per participant (€)
<b>Spain</b>	Asociacion FOCUS on EUROPE	<b>6</b>	<b>275</b>
<b>Morocco</b>	Youth Hub Morocco	<b>6</b>	<b>0</b>
<b>Italy</b>	Associazione cultural usamborgia	<b>6</b>	<b>360</b>
<b>Azerbaijan</b>	Sustainability in Innovation and Entrepreneurship Youth Group	<b>6</b>	<b>820</b>
<b>Greece</b>	Growth Hub Greece	<b>6</b>	<b>360</b>
<b>Tunisia</b>	Ignite Tunisia	<b>5</b>	<b>275</b>

It is possible to come to Morocco max. 2 days before the official arrival day OR leave max.2 days after the official departure day.

If you can prove there is better/cheaper travel connection. Please be aware that **we are not able to refund any costs for your accommodation, food etc. during these extra days.**

Please, before buying your tickets, send them for approval to [info@focusoneurope.eu](mailto:info@focusoneurope.eu)

**We will refund only travel tickets that we approved prior purchase!**

We kindly ask you to choose the most economical and eco-friendly way of transport (e.g. student fares, low cost airlines, 2nd class trains, etc.). Also, be aware of your travel cost limitation. We reimburse the travel cost ONLY up to the limit designed for your country. We will also reimburse only those ticket that will show the currency, dates of your travel, places you are traveling from/to and your name (or number of passengers). It is important **to keep all your tickets** (also from your local buses and trains). **It is NOT possible to travel by car or taxi!**

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The **travel costs** within the budget limit of your country (please see above) **will be reimbursed after the training course to the bank account of your sending organisation and only if these 3 conditions are fulfilled:**

- 1) You gave all the ORIGINAL tickets to our organisation. It's fundamental to bring the invoices or the travel confirmations where is clearly shown the price;
- 2) You attended the full duration of the youth exchange;
- 3) You submitted all reports that our organization or EU requested.

## **ACCOMMODATION AND FOOD**

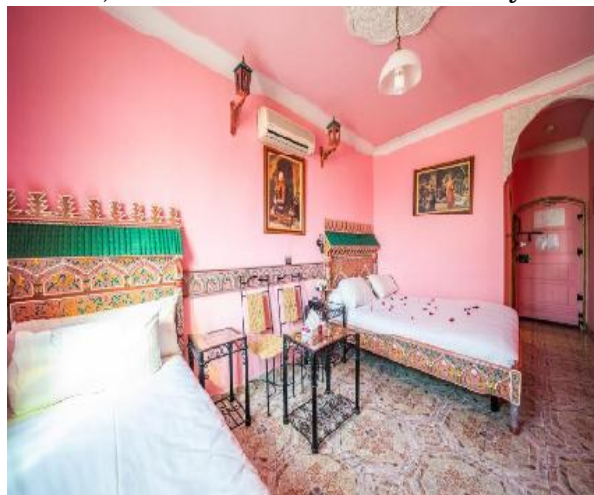
You will be accommodated in **Moroccan House Hotel Marrakesh** ( <https://www.moroccanhousehotels.com> ) in rooms for 2-3 persons.

There are bedsheets, towels, TV and bathroom in each room. The pension offers also free Wi-Fi, swimming pool and a terrace.

The Hotel is situation in the heart of Marrakesh, no transportation needed to go to the city center, it is situated in a peaceful surrounding, close both to the Jaamaa lafna and to a town center. Marrakesh is a beautiful, unique and safe touristic city, some of its historical monuments are part of the UNESCO heritage.

The **contact details of the venue** are the following ( Moroccan House Marrakesh )  
**3 Rue Loubnane Gueliz, Gueliz, 40000 Marrakesh, Morocco**

Please, see the **Travel Guide** for your travel options.



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All meals will be served in the hotel including ( Brakfast-Coffe breaks- Lunch-Dinner)

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**Please inform us about your special needs, allergies and food (dietary) requirements when filling-in the application form.**



## **INTERCULTURAL EVENING**

During the project, we plan to arrange an Intercultural evening. You will present your own cultures – national, regional, personal or any kind of culture you feel you belong to. A culture may be presented by a song, a story, a poem, a dance, some drink or food, etc. You may bring pictures, music or anything which you consider to be most appropriate to present your culture.

We appreciate if you find some creative way to present your culture. We will not have a kitchen to prepare the meals for the intercultural evening, so we suggest that you adapt your food and drinks to that reality.

So, in short it should not be a presentation, it should be an activity or something and it is up to you to replace the word something.



## **WEATHER IN MARRAKESH**

July is usually Hot, with temperatures about 30 to 40 °C. It might be Warm in the morning, sunny, Hot during the day and Warm at night. The weather can vary, so please do check the weather forecast for Marrakesh before you pack your suitcase.

Most of the course will be held indoors,. Take your medication – it is good to take pills from your country (you know yourself the best so take painkillers, antipyretic, something against cold that works for you.

**In case you need visa**, please apply for them immediately as we confirm your participation because it may take long time. If you need an invitation letter from us, please let us know.

## **INSURANCE, MEDICAL AND SAFETY ADVICES**

Please, be aware that it is compulsory for all participants to have **travel insurance** covering the whole duration of your stay in Morocco, including the days of your arrival and departure. Travel insurance cannot be covered by us, but you are obliged to arrange it.

Please bring your European Health Insurance Card (the blue one) in case of some emergency.

If you have any special needs (allergies, diets, disabilities, disadvantages, etc.), please state them clearly in the Application Form so we can arrange everything in advance and we do not meet the problem of solving your special needs problem after your arrival to the Morocco. **Also, please take your medication with yourself.**

## **CURRENCY AND PRICES**

The Moroccan national currency is **Dirham** (Moroccan MAD). **1 EURO ~ 10, Dirhams.**

In general, Marrakesh is a touristic place some areas are cheaper others are expensive, you can expect prices as following:

Water (1,5 l)	06-12 Mad
Juice (0,5 l)	4-15 Mad
Airport Bus ( round trip )	30 Mad

### Some words to know

Hello	Salam
Thank you	Shukran
No !	La
I want	Bghit
Please	Afak

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## **( CONTACT PERSONS ( Focus On Europe : Coordinating organization )**

If you have any questions regarding your flight confirmation, reimbursement please contact:

**Julio Jimenez** – [info@focusoneurope.eu](mailto:info@focusoneurope.eu)

## **( CONTACT PERSONS (MFFSD : Youth Hub Morocco )**

If you have any questions regarding logistics and organizational things, please contact:

**Marghich Issame** – [issame.mfd@gmail.com](mailto:issame.mfd@gmail.com) : ( WhatsApp Number ) +212667877729

**See you soon in Marrakesh !**